

Drogadictos Anónimos

Home and Community Based
Recovery Programs

DROGADICTOS

ANONIMOS, A.C.
®

DA

The Corona Self-help Center Inc.

www.daamerica.org

The Corona Self-Help Center Inc. (CSHC)

The Corona Self Help Center Inc. (CSHC) is a free standing community based nonprofit 501 (c) 3. We are a recovery oriented, peer-operated organization with services designed for people seeking help to stop using drugs and maintaining their recovery. Our method of care and support is person-centered, building on strengths and resiliencies and providing hope for our peers and their families. We lead by example, empowering and encouraging our members to continue their recovery process. Our commitment has always been to provide services in a dignified and functional space where our participants can recover from their addictions. Our mission is the recovery of people with drug problems, encompassing their physical, mental and spiritual aspects, contributing to their social integration in an efficient manner. We are pleased to present to you our Recovery, Outreach and Home and Community Based Services. It is our hope that your time with us will be helpful to your recovery process.

We look forward to partnering with you to provide support for the residents of our communities in need of addiction prevention and recovery care. According to our principles we make adequate use of all the resources necessary for the sole benefit of our members. We understand that our collective interests must prevail over any one's particular interest.

We need your help to continue reaching out to people in high need areas suffering from addiction. Our purpose is to inform you of our history, how we work and the support that is needed in order to achieve our mission and vision in order to help save so many in need. We appreciate you taking an interest in helping your community and our members in their recovery, and the family reunification through our services.

Our History

In 1982 at the "2nd International Congress of Alcoholics Anonymous 24 hours" in Mexico City several mothers, hopeless with their children's addiction approached our founder, Mr. David Cervantes and asked him; why aren't there more recovery options for drug addicts like those for alcoholics?

This was the inspiration for a movement that would make an overwhelming difference on thousands of men, women and children who suffered from drug addiction. Drogadictos Anónimos (DA) a grassroots self-help organization was founded in 1983, becoming an effective alternative way to recovery from addiction, growing into a unique organization transcending frontiers and languages. Currently operating 36 facilities throughout Mexico serving over 4000 individuals and their families, following one simple principle of "One recovering addict helping another" offering a radical and spiritual impression on individuals who had not found the solution to their addiction. In 1999 a group of addicts that experienced firsthand the consequences of their addiction and initiated their recovery in one of our existing groups in Mexico City migrated to the United States. Once here in the U.S. together with other members in need of their own sustained recovery founded and incorporated The Corona Self-Help Center Inc. as a 501 (c) 3 Community based organization. We currently operate in high need areas where residents are exposed to high crime and poverty rates like South Miami in Dade County Florida and the Tri-State area of New York. With two recovery residences in New York, (Staten Island and Corona); and three in South Florida (Miami and West Palm Beach) serving over two hundred individuals and their families.

Our Mission

To help recover individuals suffering from substance use, focusing on the physical, mental and spiritual condition as a whole; contributing to the individual's social reintegration in a dignified and efficient way.

Our Vision

To become a model program that continuously improves the recovery of drug addicts and establishes self-sufficient communitarian centers in areas of need.

Our Values

Dignity

Conscious that drug addiction is a health problem and not something to be ashamed of, we strive to recover our dignity; first by assuring that we operate mainly in a volunteer basis, without the use of unacceptable treatments or punishments. Also by offering an amicable space, healthy foods and carrying out recreational activities of recovery that characterize a fraternal atmosphere, inducing self-esteem and a sense of belonging.

Honesty

The program on which our recovery is based encourages us to be honest in all aspects of our life, as a fundamental base to liberate us from the use of drugs. Our actions should be performed with true transparency in order to reach the prevention and rehabilitative intentions that so many individuals like us need.

Unity

We are convinced that fomenting the unity and good will between each member of this association will not only fortify the work we have carried out but will maintain the practice of our effective principles. We constantly create activities that involve our members; where experiences are transmitted and joys shared in order to maintain the feeling of comradeship and true friendship.

Service

Our mutual aid spiritual program, encourages us to transmit this message in the same way we received it: free of charge and without personal gain to other people who suffer from the use of drugs. We are a community that empowers our members to continue with their recovery while following our principles of gratitude, helping others in need.



Our Recovery Program(s)

As a foundation for our recovery program we use the helper therapy, mutual aid and self-help program philosophy applying these principles intensively to maintain long term recovery. We offer a recovery residence plus extended-care programming with an emphasis on recovery life skill development, overseen by a professional volunteer staff. Guidance is provided toward the establishment of life and recovery sustaining activities (i.e., employment, self-help, physical health, etc.). With a 24/7 on-site staff and peers that promote and sustain the recovery environment. An average stay varies from 90 days to a year or more.

The Following are our free Bi-lingual (Spanish & English) services;

- Recovery Residence
- Crisis Response
- Peer support & Empowerment
- Educational and Support groups
- Assistance with basic needs
- Pre-vocational & Transitional Employment
- Social and Recreational Activities
- Daily on site 12 step meetings

OUR RECOVERY RESIDENCE PROGRAM IS COMPOSED OF 3 PHASES

Phase I: The individual is provided with free room & board, for an initial three month period. While they are in this intensive recovery phase they attend in-house 12 step meetings, workshops, and a series of lectures. Peer to Peer coaching and empowerment plus the benefits of a structured sober environment. This allows a foundation for their recovery, based on the founding principles of our program.

Phase II: at this phase they are offered the opportunity to continue with their recovery process using the same structure as the original phase. The Individual is invited to participate in our community outreach program as well as our vocational and leadership development program.

Phase III: Providing a slow and coordinated integration with family and society under strict peer supervision adhering to the principles of the program. At this time the individual is stabilized and solidified in their recovery ready to connect with a recovery-supportive social network and may be assisted with transitional supportive housing needed in order to sustain recovery and achieve independent living. Our members will continue to access the benefits of the continuum of care offered at DA.

Our peer operated residence operates 7 days a week, allowing individuals to access our services anytime of the day. Our self-help meetings are offered from 8 am to 11 pm seven days a week.



Our Home and Community Based Services

Our HCBS program is designated by the New York State Department of Health (DOH), Office of Alcoholism and Substance Abuse Services (OASAS) and The Office of Mental Health (OMH). It is important that you understand what this means. We are not employees of, nor do we work for the New York State Office of Substance Abuse Services. This is a Medicaid re-inbursed program available for HARP eligible individuals in the State of New York.

HCBS PEER-SUPPORT COMPONENTS

Advocacy:

- Assistance seeking and obtaining benefits and entitlements, food, shelter, permanent housing
- Assisting recipients in participating in shared decision making.
- Linkage to and systems navigation within behavioral health and allied human services systems to access appropriate care.
- Benefits advisement and planning
- Development of psychiatric advance directives (PAD)
- Assistance advocating for self-directed services

Outreach and Engagement:

- Companionship and modeling of recovery lifestyle, including participation in recovery activities that might be beyond the scope of treatment providers (e.g., eating together at a restaurant, attending or participating in a sporting event, attending a social event such as a concert or recovery celebration event)
- Raising the awareness of existing services, pathways to recovery and helping a person to remove barriers that exist for access to them
- Interim visits with individuals after discharge from Hospital Emergency Rooms, Detox Units or Inpatient Psychiatric Units to facilitate community tenure and increased readiness while waiting for the first post-discharge visit with a community-based mental health provider, treatment provider or appropriate system of care

Self-help tools:

- Assist selecting and utilizing self-directed recovery tools such as Wellness Recovery Action Plan (WRAP) or Individualized Recovery Plan
- Assist selecting and utilizing the things that bring a sense of passion, purpose and meaning into his/her life and coaching the person as they identify barriers to engaging in these activities
- Assist individuals to help connect to natural supports that enhance the quality and security of life-Connecting individuals to “warm lines”
- Connections to self-help groups in the community

Recovery Supports:

- Recovery education and coaching for individuals and their family members.
- One to one peer support
- Person centered goal planning that incorporates life areas such as community connectedness, physical wellness, spirituality, employment, self-help
- Assisting with skills development that guides people towards a more independent life

Transitional Supports:

- Bridging from Jail or prison to a person’s home (note: that peer supports while in Jail are not Medicaid reimbursable)
- Bridging from institutions to a person’s home (note: that peer supports while in an institution are not Medicaid reimbursable)
- Bridging from general hospitals to a person’s home
- Bridging from a person’s home to the community

Pre-crisis and Crisis Supports:

- Providing companionship when a person is in an emergency room or crisis unit or preparing to be admitted to detox, residential or other service to deal with crisis
- Providing peer support in the person’s home or in the community to support them before (or in) a crisis or relapse
- Developing crisis diversion plans or relapse prevention plans

Our Community Outreach Program

The Peer Outreach activities in New York and Florida extend to;

- Nearly 60 communities of high drug incidence and poverty are visited yearly by our members.
- 37,000 flyers delivered monthly with our message of hope and life that recovery is possible and free of charge. 43,500 hours a year of member volunteer time is dedicated to our communities.
- Speaking engagements arranged weekly with various faith based organizations, schools and institutions.
- Telephone warm lines are in operation seven days a week.
- Special community events such as health fairs, Walkathons and Annual Galas.

We have members from all ages, ranging from 18 to 57. With the presence of drugs being common in our school nowadays, it is not surprising to see that 10% of our members are 20 years old or under and that the majority; 47% are in the ages 21 to 30. 26% are 31-40 years old and only 16% are 41 and over. Most of the members that are over 41 years old however, are the ones that have already re-entered society and are in recovery with us for many years.

Collaborators and Supporters

Kingsborough Addiction Treatment Center
Queens General Hospital
Outreach
Beth Israel Hospital
Elmhurst Hospital Center
Council Member Julissa Ferreras 21st District
Council Member Daniel Dromm 25th District
Senator Jose Peralta 13th District
NYPD 115 and 110 Precinct
St. John's Bread and Life
Dioceses of West Palm Beach
Fellowship Baptist Church
Archdiocese of Miami
Urban Health Plan Medical Services
NHS of Northern Queens
Archdiocese of New York City
La Asociación Cultural Father Billini
Congressman Joseph Crowley 14th District
Feeding South Florida
New York Food Bank
Queens Museum of Art
The River Fund of New York
South Florida Farm Share
McFarlane Foundation
Iberia Tiles
NYS Department of Mental Health and Hygiene

This is what some of our collaborators have to say...

“Recently Mr. Juan Blanchard who has directed our Hispanic Affairs Office, met with the Leadership of Corona Self-help Center, Inc. and was very much impressed. It is our understanding that CSHC has had contact with 49 parishes, a number of these pastors have written in support of what Corona Self-Help Center is doing in their communities”. **His Eminence Timothy Cardinal Dolan, Archbishop of New York.**



“It is therefore that we applaud the efforts employed by the Corona Self Help Center on behalf of the youth in Queens in need of rehabilitation” **Neighborhood Housing of Northern Queens , Executive Director Ygmar Wiel**



“Corona Self Help’s currently existing programs help make real the belief that recovery from addictive disorders is possible. I truly believe that Coronal Self Help is suited to best deliver these services to the community.

Daniel Dromm NYC Council Member, 25th District



As an Assistant Commissioner for the Bureau of Alcohol & Drug Use Prevention, Care & Treatment at DOHMH, I believe that CSHC primary service areas would benefit from a recovery community and outreach center, which will help fill critical gaps in the continuum of care and Substance Users to appropriate treatment and support services.”

Hillary Kunins, MD, MPH, MS, Assistant Commissioner

“Thank you for your 27 years of service, thank you for your 34 homes and the ones you are building. Thank you for receiving more than 1800 youngsters every year. Thank you for sharing your anniversary and for making the decision to recover, not only for your own good but also for the wellbeing of your families. Thank you for your 15 family groups and your women and children’s homes. Thank you” **Mexican First Lady, Margarita Zavala, Addressed Drogadictos Anónimos A.C. in the closing ceremony of the 27th Anniversary.**

If you wish to help, you can....

Donate

Any in kind donation or monetary donation will assist us in continuing with our mission and bring about our vision. Donations can be made through our website or by contacting any of the facilities or our corporate office.

Have us as your guest speaker

You can contact us to speak at your place of work, community center, church or anywhere were you see that we might be of any help to create awareness. Help us spread the word of prevention of drug use in your area. We can help arrange a day and time that is convenient for you. As a major component of our outreach program we hope to prevent addiction and its severe consequences through our testimonies of struggle and perseverance. Each member is required to participate in this activity as a vital and essential element of sobriety.

All donations are greatly appreciated & Tax deductible

Make checks payable to “Corona Self-Help Center, Inc.” and send to:
171 Market Street Staten Island, New York 10310 our corporate office and a receipt of any donation over \$250.00 will be mailed to you.

THANK YOU FOR YOUR TIME AND GENEROSITY



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