January 31, 2021 Fourth Sunday in Ordinary Time

Link to Facebook Mass livestream page: https://www.facebook.com/ihmnj/videos

The music for today's mass can be found at the following link: https://ihmparish.net/s/Music-Fourth-Sunday-in-Ordinary-Time-Year-B-2021.pdf

Today is Fourth Sunday in Ordinary Time - January 31, 2021

January 31, 20201 Bulletin: https://ihmparish.net/s/0576-0131-Bulletin-2021-rev-1.pdf

Please visit our website https://ihmparish.net for staying up to date with activities at Church – we have archives pages for advent and Christmas reflections, and some videos.

We will continue to have virtual events that provide opportunities for you to participate safely from the comfort of your homes during this difficult time. We also have in-person options for some of the events where possible. Please track our events section and watch the home page for announcements regarding upcoming events.

There is a special 5-part speaker series coming up during Lent – please see the flyer posted on the website and register to attend.

Link to Flyer: https://ihmparish.net/s/DIVE-INTO-YOUR-FAITH-THIS-LENT-flyer-1.pdf

Today's Readings can be found at: https://bible.usccb.org/bible/readings/012421.cfm

Today's Audio Podcast: https://bible.usccb.org/podcasts/audio/2021-01-31-usccb-daily-mass-readings

Today's Video Reflection: https://bible.usccb.org/podcasts/video/2021-01-31-reflection-71

Today's Readings Meditation: https://www.dailyscripture.net/daily-meditation?ds_year=2021&date=jan31

5:00 pm Helen Sullivan+ By Mary Mahoney8:00 am For the People of IHM Parish

8:00 am For the People of IHM Parish

10:00 am Dennis R. Surbrug+ By Betty & Tony Perfilio

12:00 pm Nancy Gardner Manto+ By Barbara Mrozek

Mass Livestream Prompts:

Mass Intentions

Dennis R. Surbrug+ By Betty & Tony Perfilio

Other Intentions for the weekend:

Helen Sullivan+ By Mary Mahoney8:00 am For the People of IHM Parish

For the People of IHM Parish

Nancy Gardner Manto+ By Barbara Mrozek

Welcome to our Livestream of the Sunday Mass - please feel free to share this with your friends on Facebook and invite people to attend the online Mass.

Today is Third Sunday in Ordinary Time - Sunday of the Word of God- January 24, 2021

Good Morning

Announcement

The Church has reopened and daily mass has resumed with 7 am and 8:30 am - appropriate social distancing must be followed and masks must be worn at all times - no exceptions. 8.30 am mass will continue to be livestreamed.

Weekend masses are open as well but require advance signup – please see website for details. 10 am Sunday mass will also continue to be livestreamed.

The Church is open for private prayer from 6.45 am to noon on weekdays. Please follow social distancing protocols. Masks must be worn at all times.

Also, please note that you will need to reserve in advance for attending weekend masses - details for sign-up posted on the website

For those of us who continue to celebrate Mass in our homes virtually it is good to remember that Jesus is truly present whenever 2 or 3 are gathered in his name, even if at a distance. There is also the idea of the "Domestic Church", an understanding that is born of baptism that the family is the first and perhaps most encountered way of living out our lives of faith. Both of these ideas have taken on greater prominence these last few months.

Let us now take a moment to greet each other online.

Please visit our website https://ihmparish.net – there are a lot of activities in our parish during this season of advent & Christmas - all of the announcements and details will be posted on the website.

We will continue to have virtual events that provide opportunities for you to participate safely from the comfort of your homes during this difficult time. We also have in-person options for some of the events where possible. Please track our advent calendar to see the schedules and upcoming events.

The music for today's mass can be found at the following link: https://ihmparish.net/s/Music-Fourth-Sunday-in-Ordinary-Time-Year-B-2021.pdf

Amer

Lord have mercy;

Christ have mercy;

Lord have mercy;

Glory to God in the Highest

Glory to God in the highest,
and on earth peace to people of good will.
We praise you,
we bless you,
we adore you,
we glorify you,
we give you thanks for your great glory,
Lord God, heavenly King,

O God, almighty Father.

Lord Jesus Christ, Only Begotten Son,
Lord God, Lamb of God, Son of the Father,
you take away the sins of the world,
have mercy on us;
you take away the sins of the world,
receive our prayer;
you are seated at the right hand of the Father,
have mercy on us.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father.

Amen.

Amer

Reading I

Dt 18:15-20

Moses spoke to all the people, saying:

"A prophet like me will the LORD, your God, raise up for you from among your own kin;

to him you shall listen.

This is exactly what you requested of the LORD, your God, at Horeb on the day of the assembly, when you said,

'Let us not again hear the voice of the LORD, our God, nor see this great fire any more, lest we die.'

And the LORD said to me, 'This was well said.

I will raise up for them a prophet like you from among their kin, and will put my words into his mouth;

he shall tell them all that I command him.

Whoever will not listen to my words which he speaks in my name, I myself will make him answer for it.

But if a prophet presumes to speak in my name an oracle that I have not commanded him to speak, or speaks in the name of other gods, he shall die."

Thanks be to God

Responsorial Psalm

Response: If today you hear his voice, harden not your hearts.

Responsorial Psalm

Ps 95:1-2, 6-7, 7-9

R. (8) If today you hear his voice, harden not your hearts.

Come, let us sing joyfully to the LORD;

let us acclaim the rock of our salvation.

Let us come into his presence with thanksgiving;

let us joyfully sing psalms to him.

R. If today you hear his voice, harden not your hearts.

Come, let us bow down in worship;

let us kneel before the LORD who made us.

For he is our God,

and we are the people he shepherds, the flock he guides.

R. If today you hear his voice, harden not your hearts.

Oh, that today you would hear his voice:

"Harden not your hearts as at Meribah, as in the day of Massah in the desert,

Where your fathers tempted me;

they tested me though they had seen my works."

R. If today you hear his voice, harden not your hearts.

Reading II

1 Cor 7:32-35

Brothers and sisters:

I should like you to be free of anxieties.

An unmarried man is anxious about the things of the Lord, how he may please the Lord.

But a married man is anxious about the things of the world, how he may please his wife, and he is divided.

An unmarried woman or a virgin is anxious about the things of the Lord,

so that she may be holy in both body and spirit.

A married woman, on the other hand, is anxious about the things of the world, how she may please her husband.

I am telling you this for your own benefit, not to impose a restraint upon you,

but for the sake of propriety and adherence to the Lord without distraction.

Thanks be to God

Alleluia

Mt 4:16

R. Alleluia, alleluia.

The people who sit in darkness have seen a great light; on those dwelling in a land overshadowed by death, light has arisen.

R. Alleluia, alleluia.

P: "The Lord be with you" All: "And with your spirit"

P: "A reading from the Holy Gospel according to Marl=k" All: "Glory to your O Lord"

Gospel

Mk 1:21-28

Then they came to Capernaum,

and on the sabbath Jesus entered the synagogue and taught.

The people were astonished at his teaching,

for he taught them as one having authority and not as the scribes.

In their synagogue was a man with an unclean spirit;

he cried out, "What have you to do with us, Jesus of Nazareth?

Have you come to destroy us?

I know who you are—the Holy One of God!"

Jesus rebuked him and said,

"Quiet! Come out of him!"

The unclean spirit convulsed him and with a loud cry came out of him.

All were amazed and asked one another,

"What is this?

A new teaching with authority.

He commands even the unclean spirits and they obey him." His fame spread everywhere throughout the whole region of Galilee.

After Gospel

P: "The Gospel of the Lord." All: "Praise to you Lord Jesus Christ."

There is a special 5-part speaker series coming up during Lent – please see the flyer posted on the website and register to attend. Link to Flyer: https://ihmparish.net/s/DIVE-INTO-YOUR-FAITH-THIS-LENT-flyer-1.pdf

Today's Readings can be found at: https://bible.usccb.org/bible/readings/012421.cfm

Today's Audio Podcast: https://bible.usccb.org/podcasts/audio/2021-01-31-usccb-daily-mass-readings

Today's Video Reflection: https://bible.usccb.org/podcasts/video/2021-01-31-reflection-71

Today's Readings Meditation: https://www.dailyscripture.net/daily-meditation?ds_year=2021&date=jan31

The Nicene Creed

I believe in one God,

the Father almighty,

maker of heaven and earth,

of all things visible and invisible.

I believe in one Lord Jesus Christ,

the Only Begotten Son of God,

born of the Father before all ages.

God from God, Light from Light,

 $true\ God\ from\ true\ God,$

begotten, not made, consubstantial with the Father;

through him all things were made.

For us men and for our salvation

he came down from heaven,

and by the Holy Spirit was incarnate of the Virgin Mary,

and became man.

For our sake he was crucified under Pontius Pilate,

he suffered death and was buried,

and rose again on the third day

in accordance with the Scriptures.

He ascended into heaven

and is seated at the right hand of the Father.

He will come again in glory

to judge the living and the dead

and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,

who proceeds from the Father and the Son,

who with the Father and the Son is adored and glorified,

who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.

I confess one Baptism for the forgiveness of sins

and I look forward to the resurrection of the dead

and the life of the world to come.

Amen.

Prayer of the faithful:

Response: Lord hear our prayer

Please pray for an end to the current COVID-19 pandemic and all who are impacted by it, especially those who are ill and those who have lost their lives. Please offer a prayer of thanksgiving as well for those who risk their own health to help others.

Please pray for people suffering from physical and mental illness that God may heal them according to His will.

May the Holy Spirit come upon all and continue to inspire us.

Please pray for peace around the world.

Please pray for the protection of the unborn.

Please pray for our Church.

Back to School Prayer

Dear God, with a new school year upon us, we pray for our students and teachers, that You would ease their anxiety about going back to school amidst the pandemic. We pray for safety for those returning to in-person classes, and for the needed technology, self-discipline, and adult oversight for those learning online. We pray that every child has enough to eat, a supportive network of friends and family, and perseverance to face every challenge with Your strength.

Let us pray for a safe ordinary time as prepare for the Lenten season that starts on February 17.

Mass Intentions

Dennis R. Surbrug+ By Betty & Tony Perfilio

Other Intentions for the weekend:

Helen Sullivan+ By Mary Mahoney8:00 am For the People of IHM Parish

For the People of IHM Parish

Nancy Gardner Manto+ By Barbara Mrozek

The music for today's mass can be found at the following link: https://ihmparish.net/s/Music-Fourth-Sunday-in-Ordinary-Time-Year-B-2021.pdf

Archbishop's annual appeal has launched. Please consider donating.

Offertory:

At this time we would have our weekly collection. We ask you to prayerfully consider making a donation through our online, text to give or parish envelope options. Thank you for your generosity.

Parish Giving:

https://www.parishgiving.org/index?e=876D52DCC9C937F21282F9D33E7E517ED8C94E18D7AF78A1

Go Fund Me

https://charity.gofundme.com/o/en/campaign/immaculate-heart-of-mary-scotch-plains

Text to Give option by texting a dollar amount to (908) 224-3545

Blessed be God forever

May the Lord accept the sacrifice at your hands, for the praise and glory of his name, for our good and the good of all his holy church.

Amen

And with your spirit ;

We lift them up to the lord ;

It is right and just;

Holy, Holy, Holy

Holy, Holy, Holy Lord God of hosts.

Heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

Eucharistic prayer:

TAKE THIS, ALL OF YOU, AND EAT OF IT, FOR THIS IS MY BODY, WHICH WILL BE GIVEN UP FOR YOU $\it R: My Lord \ and \ my \ God$

TAKE THIS, ALL OF YOU, AND DRINK FROM IT,
FOR THIS IS THE CHALICE OF MY BLOOD,
THE BLOOD OF THE NEW AND ETERNAL COVENANT,
WHICH WILL BE POURED OUT FOR YOU AND FOR MANY
FOR THE FORGIVENESS OF SINS.
DO THIS IN MEMORY OF ME.
R: My Lord and my God

My Lord and my God

Memorial Acclamations

The mystery of faith.

When we eat this Bread and drink this Cup, we proclaim your Death, O Lord, until you come again.

Memorial Acclamations (pick the one that is sung) [Priest]

The mystery of faith.

- We proclaim your Death, O Lord, and profess your Resurrection until you come again.
- When we eat this Bread and drink this Cup, we proclaim your Death, O Lord, until you come again.
- 3. Save us, Savior of the world, for by your Cross and Resurrection you have set us free.

Amen

Our Father

Our Father who art in heaven, hallowed be thy name.
Thy kingdom come.
Thy will be done on earth, as it is in heaven.
Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil.

For the kingdom the power and the glory are yours now and forever

Amen

Peace be with you all.

Lamb of God

Lamb of God, you take away the sins of the world,

have mercy on us.

Lamb of God, you take away the sins of the world,

have mercy on us.

Lamb of God, you take away the sins of the world,

grant us peace.

Lord, I am not worthy that you should enter under my roof; but only say the word and my soul shall be healed.

Prayer of Spiritual Communion

My Jesus, I believe that you are present in the most Blessed Sacrament. I love You above all things and I desire to receive You into my soul. Since I cannot now receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there, and unite myself wholly to You. Never permit me to be separated from You. Amen.

Prayer after Communion:

Amen

Please check your email daily for reflections and details on events of the day during this Christmas season

The music for today's mass can be found at the following link: https://ihmparish.net/s/Music-Fourth-Sunday-in-Ordinary-Time-Year-B-2021.pdf

Announcements:

The music for today's mass can be found at the following link: https://ihmparish.net/s/Music-Fourth-Sunday-in-Ordinary-Time-Year-B-2021.pdf
Please visit our website https://ihmparish.net — we will continue to have activities in our parish in the upcoming Lenten season - all of the announcements and details will be posted on the website.

The music for today's mass can be found at the following link: https://ihmparish.net/s/Music-Fourth-Sunday-in-Ordinary-Time-Year-B-2021.pdf

Please note there will be a livestream broadcast of the mass at 8:30 am tomorrow.

Please check website for all details regarding masses and other announcements.

There is a special 5-part speaker series coming up during Lent – please see the flyer posted on the website and register to attend.

 $\textbf{Link to Flyer:} \ \underline{\text{https://ihmparish.net/s/DIVE-INTO-YOUR-FAITH-THIS-LENT-flyer-1.pdf} \\$

Today's Readings can be found at: https://bible.usccb.org/bible/readings/012421.cfm

Today's Audio Podcast: https://bible.usccb.org/podcasts/audio/2021-01-31-usccb-daily-mass-readings

Today's Video Reflection: https://bible.usccb.org/podcasts/video/2021-01-31-reflection-71

Today's Readings Meditation: https://www.dailyscripture.net/daily-meditation?ds year=2021&date=jan31

 ${\it Cardinal\ Tobin's\ message: \underline{https://www.rcan.org/statement-cardinal-joseph-w-tobin-cssr-archbishop-newark-violence-us-capitol}}$

Please visit our website https://ihmparish.net for staying up to date with activities at Church – we have archives pages for advent and Christmas reflections, and some videos.

We will continue to have virtual events that provide opportunities for you to participate safely from the comfort of your homes during this difficult time. We also have in-person options for some of the events where possible. Please track our events section and watch the home page for announcements regarding upcoming events.

January 31, 20201 Bulletin: https://ihmparish.net/s/0576-0131-Bulletin-2021-rev-1.pdf

There is a special 5-part speaker series coming up during Lent – please see the flyer posted on the website and register to attend.

Link to Flyer: https://ihmparish.net/s/DIVE-INTO-YOUR-FAITH-THIS-LENT-flyer-1.pdf

Amen

Dismissal

And with your Spirit

Amen

Thanks be to God

The music for today's mass can be found at the following link: https://ihmparish.net/s/Music-Fourth-Sunday-in-Ordinary-Time-Year-B-2021.pdf
Have a blessed week!